# INDIC SYSTEMS OF THOUGHT and

# Vivekananda's Practical Vedanta

## **Vedic Heritage**

- Veda's are names of books—they are a repository of knowledge based on experiments by scientists of the inner realm of human experience.(S√)
- 2. A religion which is not scientific and rational is not a religion at all. It is a system of false beliefs. (SV)
- 3. Einstein -- "Science without religion is lame, religion without science is blind."

#### **Parallels**

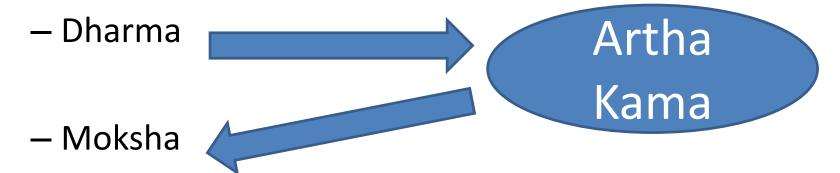
- Newton—action and reaction = Bhagavad
   Gita: karmane vadhika raste....
- Darwin—origin of the species = dasavatara
- Galilio—spherical shape of the earth = varaha avatara balancing round globe on its now
- NASA and AI = Sanskrit grammatical structures

## **Areas of Contemporary Interest**

- Mathematics (Aryabhatta)
- Medicine (Charaka Samhita, Sushruta Samhita and Astanga Hridaya)
- Grammar (Panini)
- Aesthetics (Rasa, dhwani, vakrokti)
- Performing Arts (Bharata's Natyasastra)
- Architecture and Visual Arts (Ajanta caves—2 century BC)

#### **Usable Terms of Reference**

- Abhyudaya (worldly good) and Nisreyasa (transcendental good)
- Gunas: sattva, rajas, tamas
- Purusharthas



## Some Leadership examples

- **Ekalavya** is a more dynamic leader than heroes of *Maharbharata* because he wins by self effort and dependence on himself
- Savitri is an intelligent, quick-thinking and persuasive leader because she defeats Yama just by words
- **Kevat (boatman)** in *Ramayana* is a mature leader because he concentrates on the end without worrying about the means
- Ravana is a failed leader because his deep knowledge and scholarship do not invest him with wisdom to choose shreyas (desirable) over preyas (desired)

# Transformation Examples for Self Improvement

- Ratnakar to Valmiki
- Angulimal in encounter with Buddha
- Ashoka's move towards Buddhism
- Young Sankara introducing himself: Chidananda Rupah, Shivoham, Shivoham
- Baul Song (Sufi Islam and Hindu tenets merging in this tradition) "I am searching for that place where Allah, Hari, Ram, Kali and God sit down together to eat from the same plate

#### **Practical Vedanta**

- Each soul is potential divine
- Real education should teach us to stand on our own feet
- Service to man is service to God
- Strength is life, weakness is death
- An atheist is one who does not believe in HIMSELF/HERSELF, [not one who does not believe in "GOD]